# **Homework and personal life**

* Homework and personal life go side by side in the span of life. Homework effects our social life in many ways.
* It depends upon the amount of homework and how much time it takes. If children spend most of the after-school time in doing homework, then they will not have enough time for sports and extra-curricular activities.
* These activities are important in our life as it helps in refreshing our mind and setting up clear goals in life.
* Apart from this, families are most important parts of our life. It is very painful at times to survive without a family.
* When children spend most of their time in completing assignments and projects, they have very little to spare for family.

## **Homework and Extra-curricular activities**

* Extra-curricular activities and social time give students a chance to revive their minds and bodies.
* But students who have huge sums of homework have less time to spend with their families and companions. This could take off them feeling separated and without a bolster framework.
* For more seasoned students, adjusting homework and part-time work makes it harder to adjust school and other assignments. Without time to socialize and unwind, students can get to be progressively pushed, affecting life at school and at domestic.
* In an article of New York Times, the director for guidance at the middle and high schools in Rye Neck said “Students are so much more active outside of school now with soccer, sports, dance and that even if homework might be the same amount, it is more difficult to manage” (Dell’Antonia, 2014).

## **Homework and drop outs**

* Some researches had found that amount of homework for a student is increased by 51% since 1981 and the review in 2003 concluded that it is not beneficial for student if the amount continues to hike with this rate.
* Most of the sportsperson, millionaires, celebrities we admire in daily life are school or college dropouts. And when asked the main reason for their dropouts are homework which were hard to balance for them.
* It needs a lot of courage to drop studies and move towards our passion as we are not determined of secure future.

## **Homework and family**

* In an article written by CNN about how homework has been banned in some cities and not others, “What is clear is that parents and kids don't live in the world of academic research; they live in the real world where there are piles of homework on the kitchen table” (Kralovec, 2014).
* In the same article it is said that most parent want their child to contribute 6-9 hours to school and study for educational enrichment, but they also want them actively to engage with grandparents, sports.
* But excessive homework made them bring it into their kitchens and dining tables (Kralovec, 2014).
* It kills the time they were supposed to spend with family and engage in family functions and activities. This can reduce the attraction and attachment with family members.

# Works Cited

Dell’Antonia, K. (2014, march 12). *Homework’s Emotional Toll on Students and Families.* Retrieved from Stanford Graduate School of Education: https://ed.stanford.edu/in-the-media/homework-s-emotional-toll-students-and-families-features-denise-clark-pope

Kralovec, E. (2014, september 5). *Should Schools Ban Homework?* Retrieved from Cable News Network (CNN): http://www.cnn.com/2014/09/05/opinion/kralovec-ban-homework/index.html